

### Addiction Leadership Day

27 March 2024

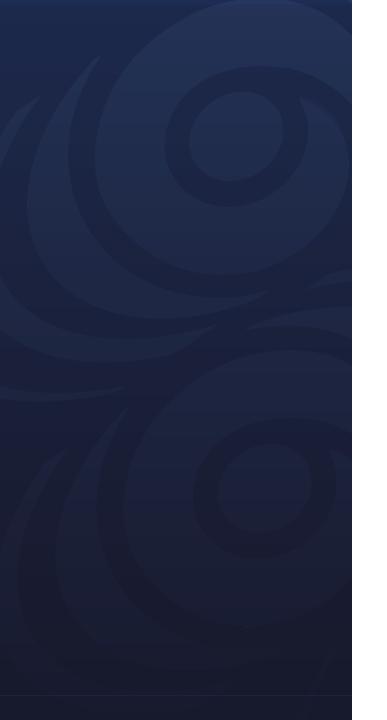
Te Whanganui-a-Tara Wellington



# Welcome and housekeeping

Deb Fraser-Komene, NCAT co-chair

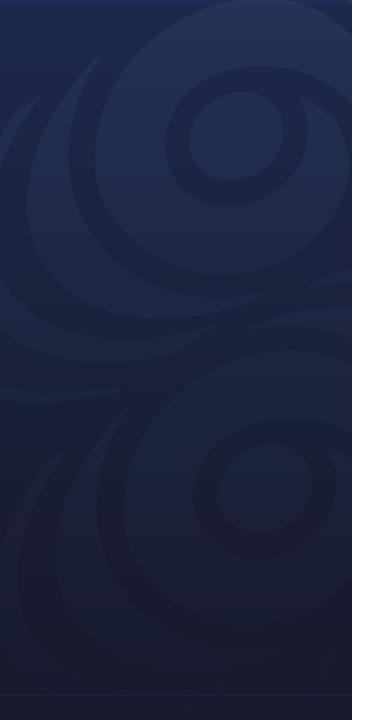




### He Honere

He honore, he kororia Maungārongo ki te whenua Whakaaro pai e Ki ngā tangata katoa Ake ake, ake ake Āmine Te Atua, te piringa, Tōku oranga

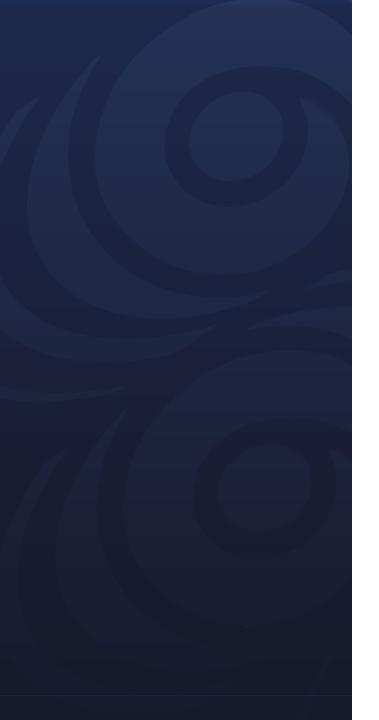




### Opening address

Matt Doocey, Minster for Mental Health, Youth and ACC, Associate Minister of Health





### Leadership korero

Riki Nia Nia, Chief Executive, Te Rau Ora





Riki Nia Nia Chief Executive Officer

### Kōrero

- Te Aka Whai Ora
- Te Whatu Ora
- Te Rau Ora
- Whare Tukutuku

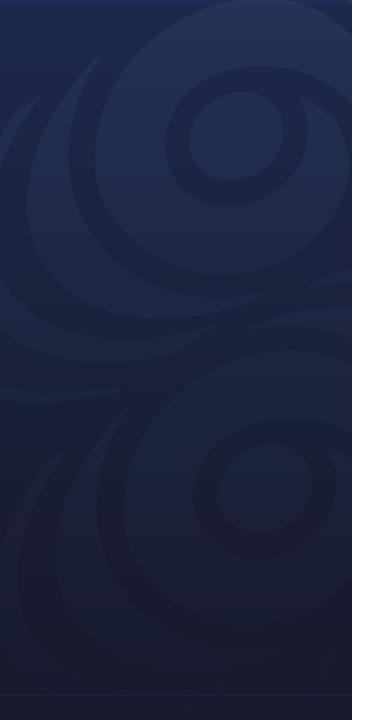


#### Te Ara Whakamua

- 1. Tribal Self Governance
- 2. Te Ao Māori (Centres of Excellence & Specialty Workforces)
- 3. Mahi Pūmau (Ever Green Contracts)
- 4. Oranga (Wellness)
- 5. Hononga (Collaboration)



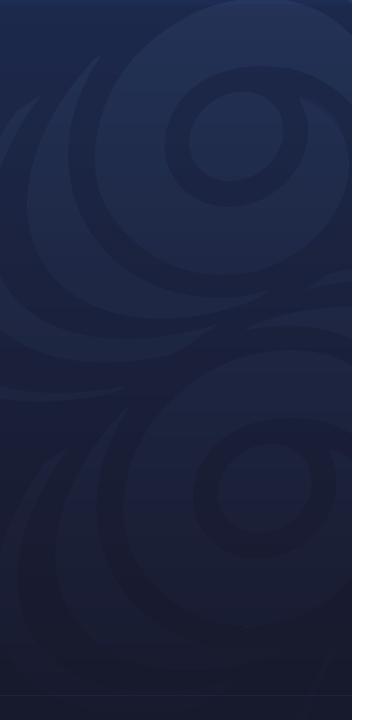
## Morning tea



# Reflections on opening address

Deb Fraser-Komene, NCAT co-chair





# Te Ao Māori peer support model

Emma Hunter, Lived Experience Lead/NCA, and Pipiwharauroa Campbell, Pou Ahurea/National Māori Lead, Salvation Army





## Rātā Kouru Ora

Manaaki Ora: Building a Māori-centered Peer Support Framework with The Salvation Army.

Peer Support Model The Salvation Army

'Clinical and lived experience can work well together, but it's not the normal yet it's extraordinary, we need to make it ordinary.'

- Anonymous peer support kaimahi



# Whakawhanaungatanga in Action

The Salvation Army's journey to creating a **Māori** model of peer support.



Rātā Kouru Ora would not have been possible without the significant generosity of sharing matauranga Māori by the awesome Dr Andre McLachlan and Dr Thalia Kingi.



gi Dr Andre McLachlan



# Whakapapa of 'Rātā Kouru Ora'

Rātā Kouru Ora means the crown of the rātā tree that gives life in terms of shelter, support, friendship, trust and dependability. It is grown from first establishing a foundation of understanding, empathy and respect.



Photo Credit - Nick Thompson

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### Working Reference Group

#### Emma Hunter

- National Consumer Advisor / Te Tumu Pou Ārahi Kiritaki
- The Salvation Army

#### Pipiwharauroa Cambell

- · Pou Ahurea—National Māori Lead
- · The Salvation Army

#### David Burnside

- · Lived experience
- · Lead Odyssey

#### Aroha Crosbie

· Director Ka Rere te Manu

#### Dean Rangihuna

- · Māori Lived Experience Priciple Advisor
- · Te Aka Whai Ora

#### Rhonda Robertson

- · Previously Principal Advisor
- Lived Experience and Peer Project Lead (Addiction) Te Pou

#### **Brody Runga**

· Senior Executive Ka Rere Te Manu

#### Ngāti Poona

· TSA Bridge Ōtepoti

#### Paamu Kahu

- · Pou Ārahi
- · Wellington Bridge

#### Wairakau Mareroa-Gates

- · WG Studio
- · Graphic design
- · Illustration

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Rātā Kouru Ora Peer Support Mode

### What is Peer Support?

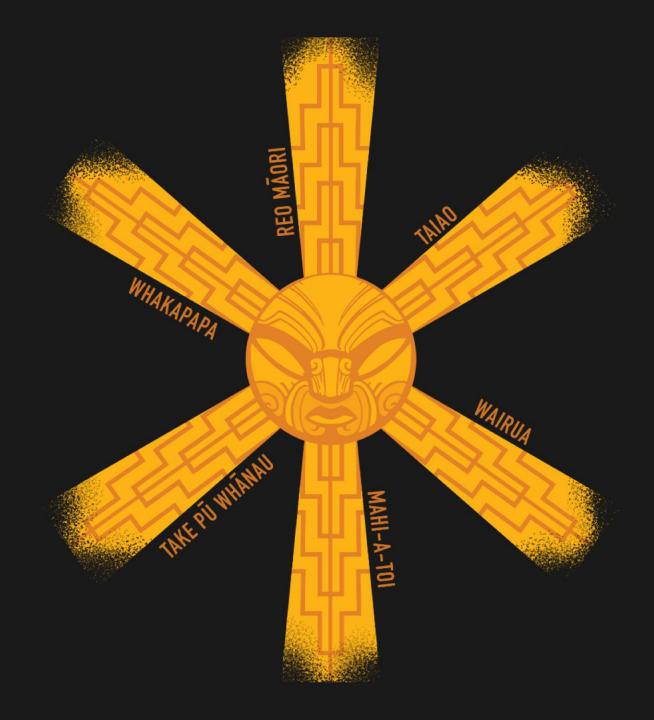
Tuakana Teina—Teina Tuakana





Peer Support Model

### Whiti Te Ra





#### Peer Support Model

# Rātā Kouru Ora

#### THE SALVATION ARMY VALUES AS 'GUIDING STARS'









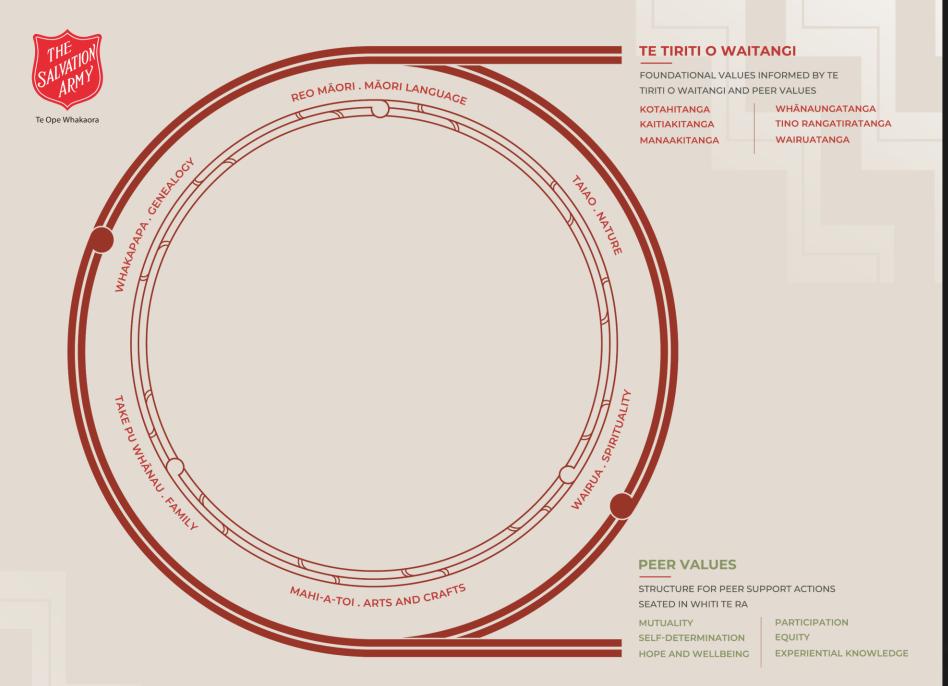


CPSLE COMPETENCIES - TE POU, 2021 WHITI TE RA - MCLACHLAN ET AL., 2021 BRIDGE COMMUNITY REINFORCEMENT MODEL THE SALVATION ARMY (MEYERS &MILLER, 2006) ORGANISATIONAL COMMITMENT | EFFECTIVE PEER MANAGMENT | PROFICENT PEER

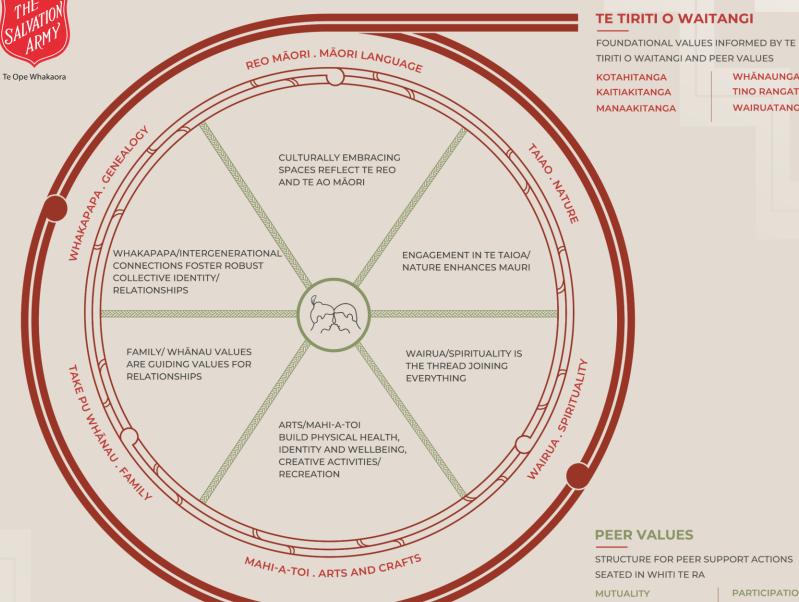
TO PEER-BASED RECOVERY

PEER SERVICE DELIVERY MODEL PEER TRAINING & SUPPORT

SUPPORTING ORGANISATIONAL STRUCTURE AND PROCESSES



### The Model in Action



STRUCTURE FOR PEER SUPPORT ACTIONS

**SELF-DETERMINATION** HOPE AND WELLBEING **PARTICIPATION EQUITY** EXPERIENTIAL KNOWLEDGE

WHĀNAUNGATANGA TINO RANGATIRATANGA

WAIRUATANGA



Unveiling of Rātā Kouru Ora



## For Rātā Kouru Ora to be successfully embedded and effective:

- Organisational leadership equally respected peer and clinical worldviews
- · Growing the peer workforce

Lived experience training and development plans

- TSA continued commitment to being a culturally proficient, bicultural organisation
- Peers who feel empowered to maintain peer values in their role

 Lived experience supervision/ cultural supervision

· Clear scope of peer work

Elimination of 'othering' language  Peers who are robust and active in their own recovery/self-care plans—supported by TSA.



### Areas of Focus

- Strong leadership and a sound understanding developed for all staff to support the work of peer support.
- Importance of ongoing lived experience and cultural input into training and development.
- Continued training for kaimahi/ staff in te āo Māori cultural concepts and understandings.

- Developing relationships with other peer services to strengthen the peer service kaupapa.
- Continued training for non-Māori peer kaimhai in te āo Māori cultural concepts and understandings.

- Potential resistance to peer developments—unexpected but needs to be proactively addressed.
- Growing the workforce—strong relationships.



### Peer Support Resources





### **Assessing Outcomes**



inga



Peer Support Model

# Rātā Kouru Ora

#### THE SALVATION ARMY VALUES AS 'GUIDING STARS'





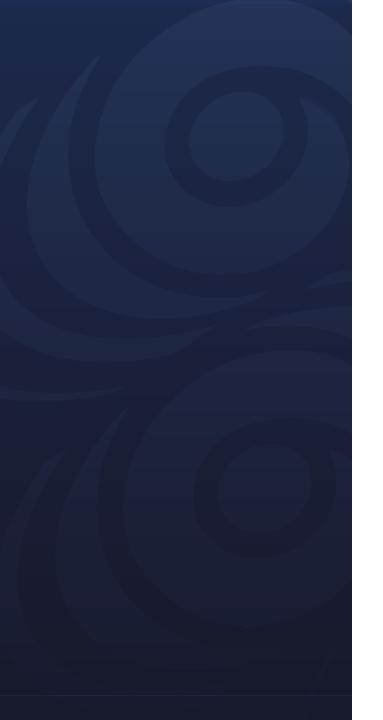






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PEER SERVICE DELIVERY MODEL PEER TRAINING & SUPPORT



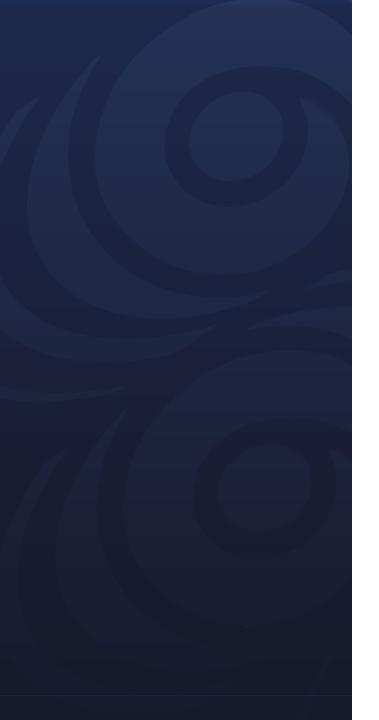
# Peer support collaboration

Margaret Ross
Operations Manager, CAD Auckland





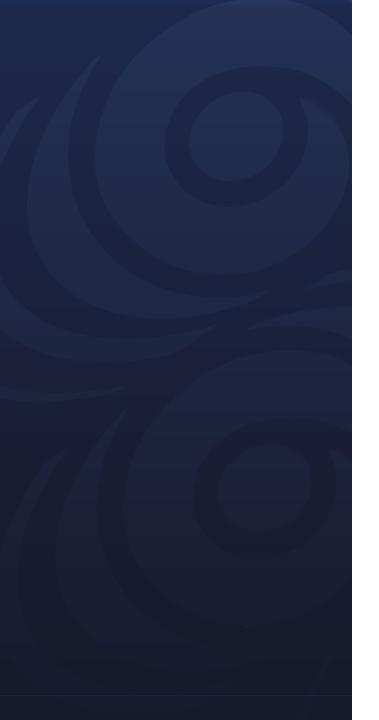
### Lunch



# Addiction Consumer Leadership Group

Sheridan Pooley, Addiction Consumer Leadership Group





### dapaanz

Sam White, Executive Director, dapaanz





# Dr Sam White Executive Director, dapaanz

sam@dapaanz.org.nz



#### What does dapaanz do?



we exist to support our members - since 2002



foster and maintain ethical and competent practice



manage registration and endorsement processes



promote and provide professional development



advocate for the workforce and those affected by addiction

### One thing that would make the biggest difference



We heard from our members

We understand the biggest concerns for our workforce

We are advocating for change and system improvements





## Addiction workforce research series

A closer look the addiction workforce in Aotearoa New Zealand

A series of 8 research snapshots, easy to use and digest

- In 2023, dapaanz commissioned a mixed methods review of the addiction workforce in Aotearoa - first presented at Cutting Edge
- Drawing on multiple datasets, and a series of workshops and discussions with sector representatives
- Includes findings from national and international literature.





## A closer look the addiction workforce

- This was partly a response to what we heard were challenges facing the sector:
  - Recruitment and retention of staff for current models of care
  - And the prospect of potential shortages of qualified personnel in the future.
- Also to better understand the addiction workforce size and scope
- Gain insights into opportunities to develop and grow the workforce.
- Published in next week for our members and sector leadership to use when considering workforce challenges/solutions





- Profile of the addiction workforce in Aotearoa New Zealand
- Unpacking the workforce shortage: entry and exit rates
- Why are people leaving the addiction workforce?

- 4 Ways to improve workforce retention
- Opportunities for growing and developing our addiction workforce
- Growing the workforce:
  Strengthening the pipeline and recruitment into the sector
- Growing the workforce: new entrants and early career professionals

# Will they stay or will they go?

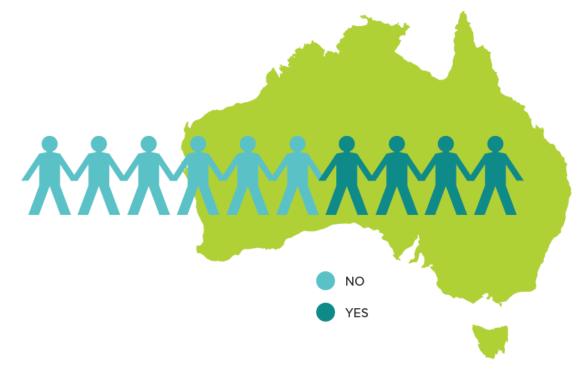
Crossing the ditch.

Have you considered moving to Australia?

This year we also asked members if they had considered moving to Australia in the last 12 months. **38.2**% of members and **39.1**% of registered or provisional practitioners have considered moving.

This increases to one in two registered or provisional practitioners (52%) under the age of 45.

The % of participants who have considered moving to Australia varies from between 33% to 72% across all age ranges, except 65+ where it drops to 17%.







Te toka tū moana

22 - 23 November



dapaanz





attendees

466 dapaanz members

10 plenary sessions

45 breakout presentations, workshops and discussions







16

Tikanga Matatika learning labs



scholarships

nature space



**Recovery Street** theatre performance



reunions and reconnections



Our most successful **Cutting Edge** ever!

Taking a break in 2024 returning in 2025.







Upcoming learning and development opportunities





#### **CPD** Opportunities



- Rainbow + Allies member hui
- Rainbow hui
- Private practitioner hui
- Supervisors' hui



workshops

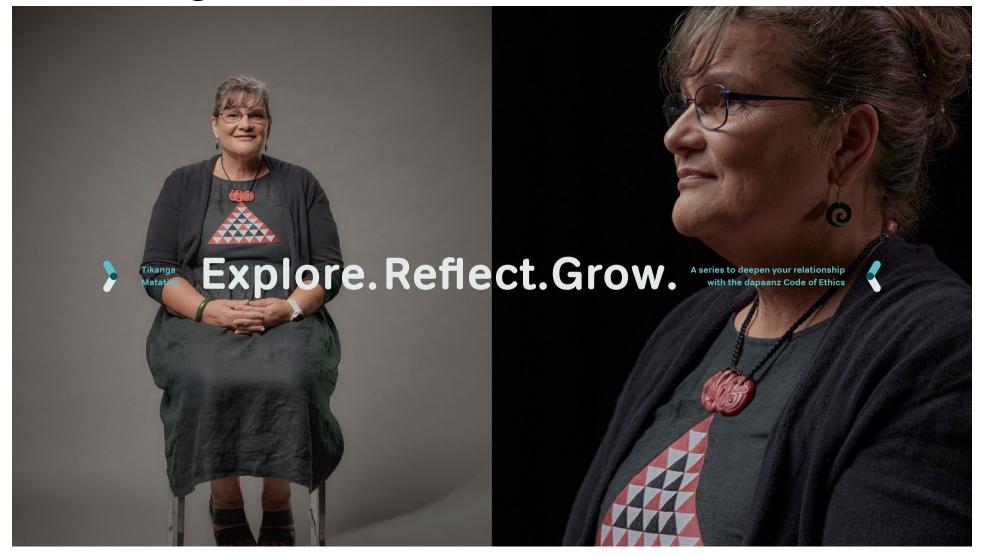
- Pūrakau & Motivational Interviewing | Tipene Pickett
- Becoming a new supervisor
- Enhancing Rainbow Competency | InsideOUT
- Group Facilitation
- Personal/Professional Boundaries
- Understanding Peer Support as a Clinician
- Personal/Professional Boundaries
- Readiness to change with justice clients



 High Alert and How it Can Help | Jen Vermeulen National Drug Intelligence Bureau



#### Tikanga Matatika





#### dapaanz away days – 1 day CPD event

Ōtepoti 10 October

Waitangi 24 October







#### Pou Rautaki

- We welcomed our Pou Rautaki Rawiri Ihimaera in late 2023.
- Advance our efforts to support Māori workforce.
- Support dapaanz to achieve strategic goal -Enhancing Māori Wellbeing
- Say kia ora if you see him or be in touch.

rawiri@dapaanz.org.nz







#### dapaanz

fostering excellence in addiction practice



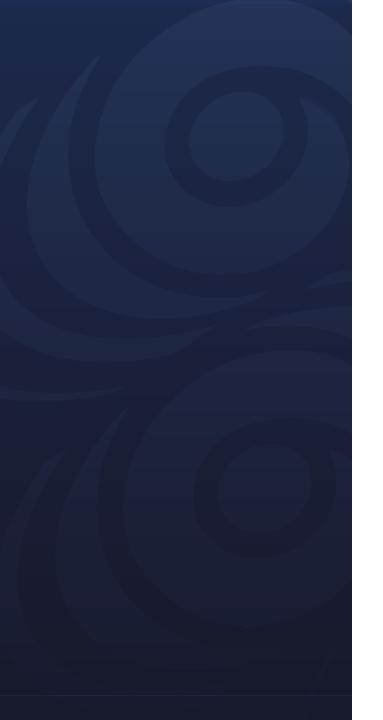
Have a safe and happy Easter from the dapaanz team.











### Te Whatu Ora

Ian McKenzie, Co-Director, and the Addiction Team, Te Whatu Ora, Health NZ and Michelle Ball, Te Whatu Ora



# Addiction Leadership Day

Ian McKenzie

**Co-Director, Addictions** 

National Commissioning, Health New Zealand

# Te Whatu Ora Health New Zealand



# System and Service Framework (2023)

- Describes core components of a contemporary system of MH&A services (10 year horizon)
- core system and service principles
- critical shifts required
- the types of services that should be available for different population groups
- the system enablers needed to operationalise the framework.



#### **Critical Shifts**

Actively deliver on Te Tiriti o Waitangi

Design out inequities

Build Lived Experience-led transformation

Get in early to support whanau wellbeing



Connect services to work better

Be responsive to needs: options and respected choices



# Implementation stages

1. Understanding the level and spread of current services (current state map)



2. Describing the future service landscape (strategic design networks for focus areas e.g. AOD) (clinical networks)

3. Moving from present to future state (investment and service improvement planning)

# **Current State Map**

- Commenced June 2023
- More challenging than anticipated
- Identifies 22/23 \$ invested in services
  - best available information
  - more reliable than previous estimates but imperfect
- Lacks useful volume information



# Current State information

**AOD** illustration



# Specialist Mental Health and Addiction Investment

PLEASE NOTE - Data and actual dollars are indicative only and yet to be fully validated

	Investment 22/23 \$ Millions	% Total Investment
Alcohol and		
Other Drug &		
Gambling Harm	228	12.8%
Mental Health	1,552	87.2%
Total	1,780	

Excludes regional forensic mental health services
Based on best available data

#### Alcohol and Other Drug Investment

#### PLEASE NOTE - Data and actual dollars are indicative only and yet to be fully validated

		% Total Investment
Funded Sector/ NGO	114	53.1%
H&SS	101	46.9%
Total	215	

Excludes regional forensic mental health services
Based on best available data

### Investment by Region

PLEASE NOTE - Data and actual dollars are indicative only and yet to be fully validated

	% NGO	Total \$ per capita	Kaupapa Māori \$ per Māori
Central	48.6%	\$43.46	\$44.62
Northern	50.6%	\$39.21	\$24.23
Te Manawa Taki	65.7%	\$40.18	\$38.29
Te Waipounamu	48.0%	\$41.03	\$31.25

Excludes regional forensic mental health services
Based on best available data

### Investment by Region

#### PLEASE NOTE - Data and actual dollars are indicative only and yet to be fully validated

	Inpatient \$ per capita	Residential \$ per capita	Community / Other \$ per capita
Central		\$5.16	\$38.30
Northern	\$3.47	\$12.34	\$23.39
Te Manawa Taki		\$6.97	\$33.22
Te Waipounamu	\$3.98	\$6.78	\$30.26

Excludes regional forensic mental health services

Based on best available data

# Context

### The regions' ethnicity

	% Māori	% Māori or Pacific
Central	20%	26%
Northern	15%	28%
Te Manawa Taki	28%	31%
Te Waipounamu	11%	14%

# Next steps



# 1. Understanding the level and spread of current services Next steps

- Finalise current state data by end March
- Evaluate inequity in current investment to inform future investment decisions – early 2025



# 2. Describing the Future Landscape In planning phase



- Strategic Design Networks to design future services (ongoing)
- Work to quantify what should be available (national, regional, local) to inform future investment decisions
- Clinical Networks to improve services

### 3. Moving from Present to Future State

#### Will include

- Investment Planning National and Regional
- Improvement Planning

#### Followed by:

- Commissioning National and Regional (subject to funding)
- Innovation/Improvement in Action (Innovation Hub)

# Thank you



# Te Whatu Ora Health New Zealand

# Strategic Design Networks – Mentally Well

Michelle Ball - Strategic Network, Programme Manager, Mentally Well

**AOD Sector Leaders Day – March 2024** 

# Opportunity

To reimagine how our primary and community care services are funded and delivered to ensure they:

- meet Te Tiriti o Waitangi obligations
- deliver equitable access and health outcomes
- remain viable and sustainable

Life Course Approach

Mentally Well – infant, child and youth; acute and complex mental illness; alcohol and other drugs

Starting Well – maternity, oral health

Living Well – general practice, pharmacy, community labs, community radiology, rural primary care, palliative care

Ageing Well – aged residential care, home and community support services, NASC



#### Strategic design networks -

These national strategic design network conversations will include existing internal and external groups, networks, communities, and speciality convened events



Re imagining- 1. How can the system meet Te Tiriti obligations?

2. How can the system deliver equitable access and health outcomes?

3. How can the system remain viable and sustainable?



#### Wicked problems

The teams will focus on the "wicked problems "that cannot be solved through an immediate pathway.



Outputs-In finding solutions to complex problems, the outputs from the reimagining conversations may include identifying new models of care, technologies and services, and or reprioritizing existing funding where needed.





Equity -meet Te Tiriti o Waitangi obligations, deliver equitable access and health outcomes that remain viable and sustainable



#### a network of networks.....



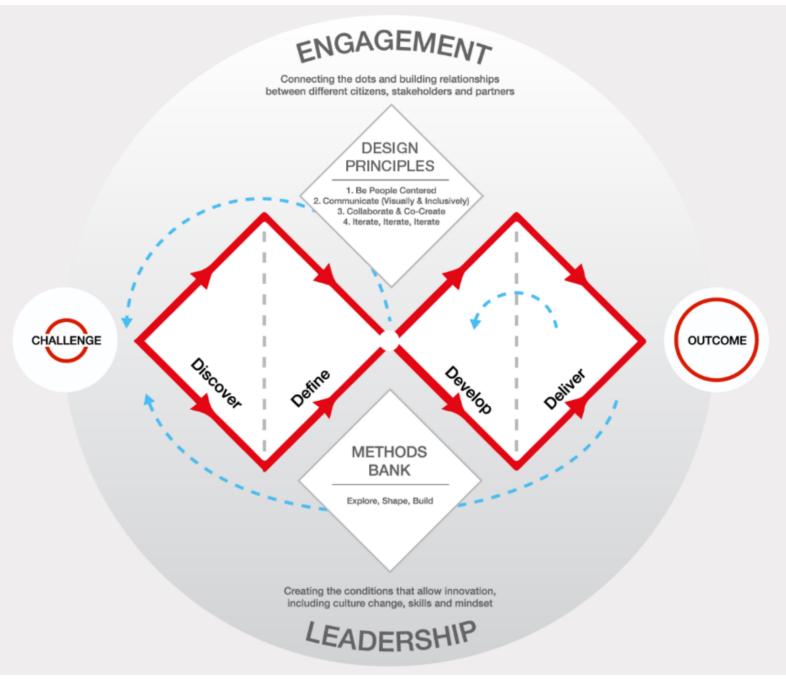
Where do you see yourself/ your network in this picture?

How do we ensure that we bring sector leaders and existing networks along on this journey?

#### A network of networks....so what's different?

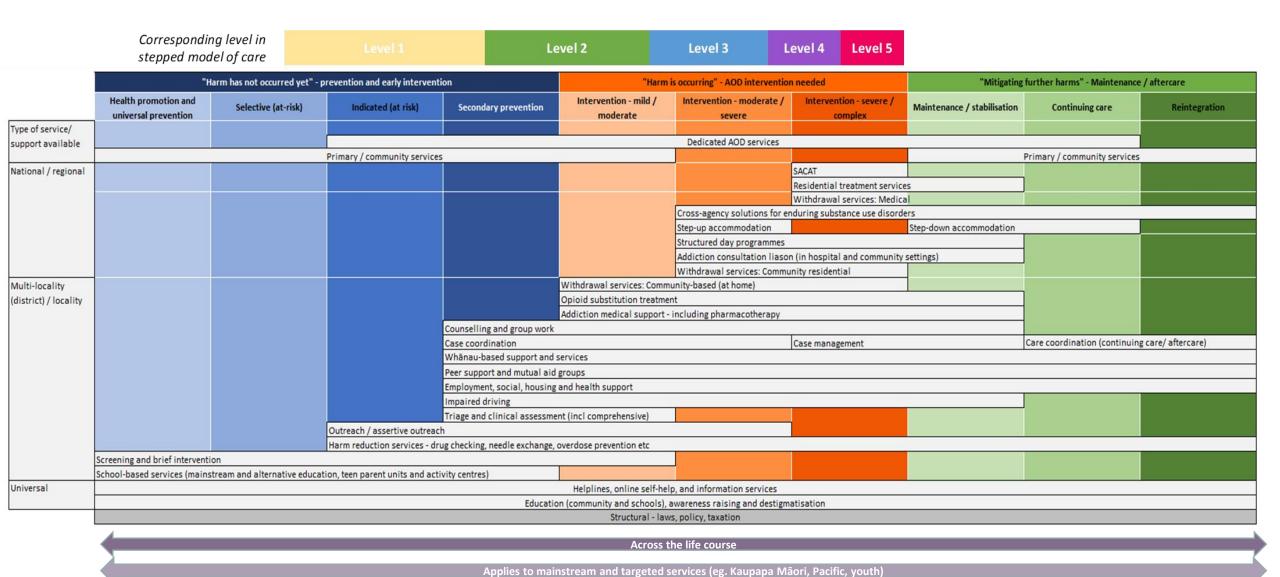
How is a 'network of networks' different to what the other networks are doing.

- Consultation becomes central to system design
- Ensuring that there is a lens on equity of access, service delivery and improving health outcomes
- To support 'topic specific' blue skies thinking
- To work on those 'wicked problems' that never seem to get resolved
- Supported by the wider network of stakeholders
- To reimagine/ develop a 5-10-year roadmap for integrated systems of care and system sustainability across the continuum of care (primary, community and secondary care) and potentially other agencies.
- To support the development of budget bids for new services or expansion of existing services





#### Draft AOD Framework - Dec 2023

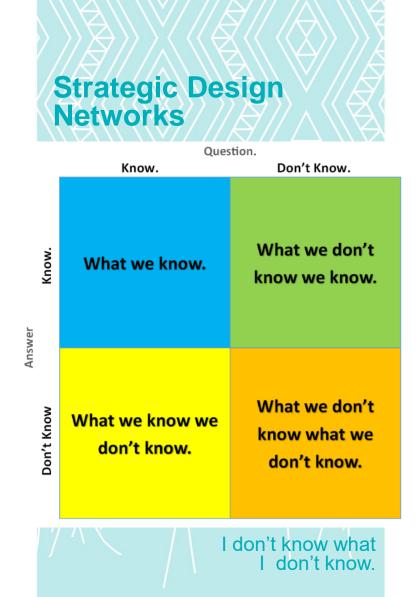


# **Alcohol and Other Drugs**

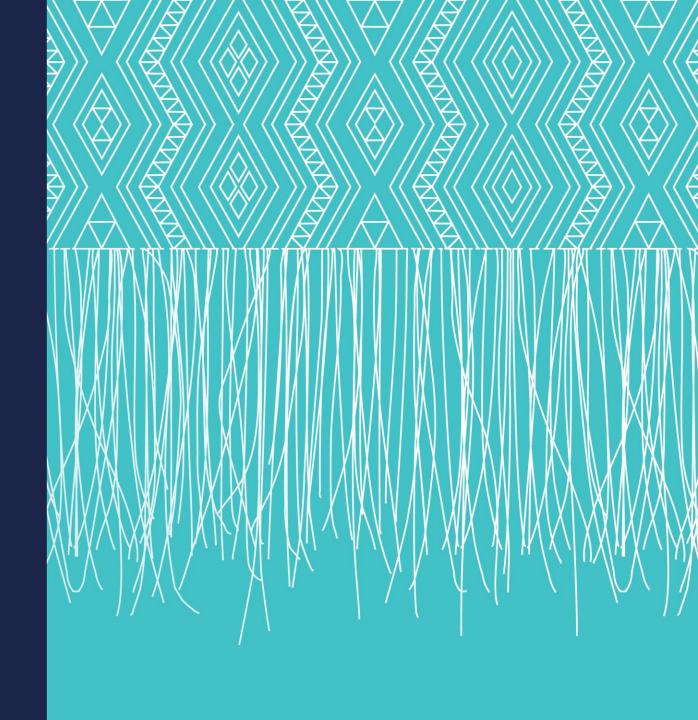
- Prior consultation with Networks and Key Stakeholders
- New co-director of AOD Commissioning
- New Regional and National structures
- Draft AOD Framework and alignment to system & services framework?
- Additional 'State of Play' reports?
- AOD services for Māori, Pacific, Rainbow, Migrant
- Wait times/ screening tools/ outcome measures
- Integration across the wider continuum of care
- Interface with Corrections and telehealth services

### **Draft AOD Framework**

- Are we there yet?
- Does the AOD Framework describe the existing services or is it a re-imagining and redesign of a completely new system of care?
- How does the framework show alignment to Pae Ora?
- Is there anything missing?
- Is it future proofed?



## Comments, Questions & Ideas





## Gambling Research Harm Procurement

Sonia Chen, Principal Research Advisor, Gambling Harm, MHA, Ministry of Health



# Gambling Harm Research Programme Procurement Update

@ Addiction Leadership Day, 27 March 2024

Sonia Chen, Principal Research Advisor, Ministry of Health

#### Seeking to fund research that demonstrate:

- Excellence of proposed research, including understanding, design, and methodology.
- Support towards achieving the objectives of the Strategy and recognising the importance of Te Tiriti o Waitangi
- Equity consideration to help reduce health inequities attributable to gambling harm for priority populations (such as Māori, Pacific peoples, Asian and young people/rangatahi).
- Alignment to the Strategy research priorities outlined in Section 3.2 in this document.
- Capability and capacity to successfully deliver the project.

#### Research priorities

- 1. Qualitative and quantitative longitudinal, prevalence, or multi-source data providing a more holistic and cross-sector view of gambling harm and related health and other issues.
- 2. Studying patterns and impacts of gambling, including online gambling on young people/rangatahi.
- 3. Assessing the relationship between gaming and gambling in relation to preventing and minimising gambling harm.
- 4. Assessing barriers to equitable access to service and support and equitable outcomes, including for priority populations such as Māori, Pacific peoples, Asian communities, young people/rangatahi, new migrants, and the disability community.
- 5. Research into preventing and reducing gambling relapse and treatment dropouts.

Longer term Monitoring of harm Preventing & minimising Address equitable access and outcomes Supporting treatment outcomes

#### Proposal assessment process

### 32 proposals received

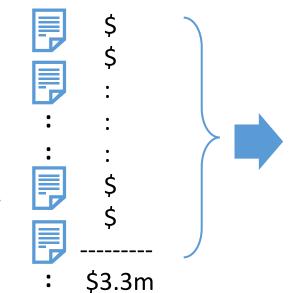
- Eligibility screening
- Conflict of interest checks



### Evaluation against criteria

- Individual
- Panel consensus

## Highest score



15 proposals selected for negotiation

Milestone setting

Contract preparation



15 successful proposals



Lowest score

#### Research priorities: Qualitative and quantitative Studying patterns and impacts of Understanding the relationship Assessing barriers to equitable Research into preventing and gambling and online gambling on between video gaming and reducing gambling relapse and longitudinal, prevalence, or multiservice access, quality, and outcomes, especially for people who treatment dropouts source data providing a more young people /rangatahi gambling holistic and cross-sector view of are more likely to experience gambling harm and related health inequity, for example Māori, Pacific and other issues peoples, Asians, youth, new 5 migrants, older people, and people with disability. Topics: 1. Patterns of coexisting problems Review of international research Review of international 11. Culturally responsive service Exploring the use and and efficacy of transdiagnostic evidence on online gambling research evidence on the and support models and effectiveness of online blockers outcome for people who are treatments in addressing related harms to support a migration or concurrence in supporting the treatment more likely to experience comorbidities for people with public health approach to between video gaming and journey among people with gambling addiction and harm. preventing and minimising gambling for people barriers to equitable service different levels of gambling gambling harm. experiencing harm from either access, quality, and outcomes. harm. 2. What's the journey to gambling For example, for Māori, Pacific activity to support a public addiction and recovery from a 5. Perception and effectiveness of Similarities and differences in health approach to preventing communities, Asian Lived Experience perspective current public health measures the experience of lapse and and minimising gambling harm. communities, youth, migrants, that can be learned for the on children, adolescents, and relapse between people LGBTQIA+, older people, or purpose of harm prevention young adults. Contributing factors for experiencing land-based and people with disability. and minimisation... developing gambling addiction online gambling harm, and Contributing and preventative 12. Measuring the burden of relating to moving from skin effective preventing strategies. 3. Exploring the possibility of a factors for moving from eSport gambling to betting with real gambling harm on whānau and data monitoring framework for 17. Experience of people using participation for leisure to significant others and exploring money. addiction. gambling harm with publicly venue and/or online exclusion provision of support required available data, such as health 7. Assessment of social media and for this population.

surveys, the IDI, and

DIA/Lotto/TAB public data.

Outcome

online influencers and their role

gambling among young people

in promoting gaming and

in Aotearoa.

10. Exploring publicly accessible social media conversations on gambling and video gaming and needs for support.

13. Understanding whānau centred practice, when it is useful, for who, how, what are the challenges, and how it supports recovery.

14. Gambling harm among older people: reasons, impact, and support.

- to reduce or stop their gambling.
- 18. Understanding gambling harm treatment dropouts - reasons, consequences, and solutions that support recovery.







Survey

Scoping review

Literature review

Interview

Co-design

Focus group

Q-methodology

Observation

Document review

**Empirical study** 

Costing analysis

Secondary analysis

Phenomenological research

Community-based system dynamics

Accountability

Social inquiry

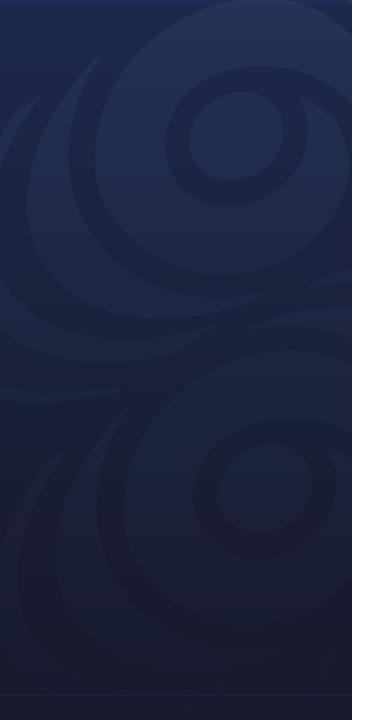
**E**pistemology

#### Reflections

- An exciting mix of experienced and emerging researchers working together, which is essential for growing our New Zealand gambling research capability
- Many of the research project teams include people with lived experience of gambling harm and a
  diverse array of cultures and perspectives. This brings an important lens to the research design,
  process, and outcomes.
- Evidence of a strong connection between researchers, gambling harm service providers, and individuals, families and communities with lived experience of gambling harm, which brings real life experience into research and enhances the opportunity to put our findings into action.
- Also, evidence of collaboration between NZ and overseas researchers bring to bear international experiences within our own unique setting in Aotearoa for learning and knowledge sharing.
- Few proposals from Māori and Pacific research organisations.
- All research priority areas are well-covered to support knowledge gaps identified in the current Strategy and to inform the next Strategy.

#### Where to from here?

- Announcing outcome in April (TBC)
- Publishing the result on the Ministry of Health website
- Projects to complete by mid 2025
- Presentations and other forms of dissemination
- Feeding into the next Strategy
- Your thoughts for future research priorities? what might help you with your work?



# Leadership development: testing a possible framework method

Jenny Wolf





### As Leaders we are to be....

- ♦ Charismatic
- ♦ Listening, empathic
- ♦ Budget savvy and creative
- People managers consistent
- ♦ Strategic and operational
- ♦ Visionary and "realistic"
- ♦ Morale boosting....

## Background to the Model

- Not out of textbooks
- Recognising our mentors
- Reflective practice
- ♦ Learning from others bold conversations
- Sharing learning with emerging leaders (encourages openness and myth busts)

## Simple Method

- Storytelling on a theme
- ♦ Resonating
- ♦ Reflecting
- Sharing / Making our own story

## Let's Begin – Warm-up

- Reflecting on our role models / mentors (who help inform our stories)
- Platitudes / bumper stickers / words of wisdom

## Storytelling

The start of the story:

Orientation to our Leadership Role

#### Your Turn

- Resonating
- Reflecting
- ♦ What would you want for others?

## Thank you ©

Jennywolf75@gmail.com



## Closing remarks and evaluation